

At mid forty something I noticed my teeth looking "dingy", and when I queried about whiteners, I was told my enamel had been so badly worn down (and off in some places!) that whiteners wouldn't help. I was also experiencing pain with eating, and was surprised to find out that I had many cavities! Not me, I thought, I was the cavity free kid growing up! After consultation with Dr. David Shaefer, I learned that the years of night-time grinding had taken their toll on my teeth. He asked me for photographs of my younger adult days, and when I looked at them, I was shocked to see the difference. I had really ground my teeth down, and didn't want to smile anymore because I was embarrassed at how awful my teeth looked! As a busy practicing physician, I knew I needed help, and I was confident that Dr. Schaefer had the expertise to do the job!

I found Dr. Shaefer's staff to be expertly trained, very caring, and most considerate. I believe they must love their jobs, because they are always smiling, and they never appeared stressed or rushed. It was also refreshing to see how Dr. Schaefer balanced the importance of the aesthetics of my smile as well as restoring functionality to my bite. It's a great feeling to find a perfectionist, especially when they are working on you!

The icing on my cake was when my mother first saw my newly restored teeth and said "Wow, your doctor is a genius, your teeth look like they used to look in high-school" I am so very fortunate to be given a second chance to show off my original smile!